

Grilled Italian King Mackerel

1 bottle of Zesty Italian Salad Dressing
King Mackerel Steaks

- Marinate Mackerel Steaks in dressing for at least 2-3 hours (the longer the better).
- Heat grill and place steaks on hot grill until grill marks appear. Flip (I prefer to cook 80% on first side and 20% on flip side).
- Brush remaining dressing over steaks while grilling, especially after first flip.
- Test with fork for doneness.
- Enjoy!

Captain's Tip

We prefer to marinate steaks overnight, up to 24 hours.

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